ON THE COVER:

Stravensky “Ski” Gaston, became involved with Project Advance, the F&CS youth violence prevention program, nearly 2 years ago, after he was encouraged to do so by another friend who was already working with the program. Ski had made some life decisions which rendered him court-involved and suspended from the regular public school system. After meeting with the agency’s Youth Case Worker, Ski enrolled in the program and joined the F&CS summer work program. He later started attending LEEP evening education classes. After demonstrating his commitment to both work and educational attainment, the Youth Case Worker was able to successfully broker his return to Lynn English High School. His integration back to public school has been a great success. He became an honor roll student, a football champion, and was selected as one of five Lynn public high school students to receive recognition for “most remarkable in overcoming personal challenges.” Ski is planning to attend college and has even drawn the attention of scouts who have gone to Lynn English to speak to him about playing college football for their schools.

Cover Photo © Sarah Bastille Photography
For generations, the Family and Children’s Service mission has been to help immigrants and the underserved build healthy and productive lives, and a safe home in America. We exist because there is a great need for the work we do and the communities in which we work are made stronger because of what we do.

As tragedies occur around the world, the mixture of cultural backgrounds and personal histories of our immigrant community changes. A key to our long history of success has been to adapt to these changes by realigning our programs and resources to stay relevant. In November the Board approved a new 5 year strategic plan developed to assure sustainability, meet the community’s needs and grow our capacity. The Board, staff, and collaborators lined up behind our Executive Director to develop the 2018-2023 strategic plan. We analyzed programs, organizational structure, staff development, infrastructure, costs, revenues and development programs. Empower Success Corps (ESC) guided us through this sometimes arduous process.

A priority goal of our strategic plan is a re-design of our brand – how we are known to the communities we serve, to our collaborators and our donors. Our agency’s name causes us to be confused with other similarly-named organizations. And, as we have grown, it no longer reflects the larger service area in which we work. These are a few of the salient issues we are taking into account as we work to better represent what we do. It’s an exciting opportunity, so please stay tuned as there is more to come!

On November 2nd, 2017 we celebrated the opening of our Harbor Area Office in Chelsea. This is a milestone in our commitment to the Children’s Trust Fund to bring our services to underserved immigrant communities. With new offices and meeting rooms, we are able to expand our parenting and family services to East Boston, Chelsea, Revere, Winthrop and Charlestown. Our highly regarded programs use a strength-based approach to learning and development and promote personal competency. This is an exciting initiative for our Board, our staff and our new families.

I joined the board of Family & Children’s Service because I wanted to be a part of helping others succeed. I know that my life successes required both my personal commitment and help from others. Our ‘teams’ become small villages made of committed individuals and family members, the staff serving them, and the funders and donors who make our services possible. Each member of the team is indispensable to helping each other succeed. This is how Family & Children’s Service builds new, healthy and stronger communities—an endeavor worthy of your support.

With respect and gratitude,

Virginia Field
President of the Board of Directors
Parenting is hard work. For the socially vulnerable, it is even harder. Living in poverty, having only a limited knowledge of English and being isolated sometimes produce bleak and risky outcomes for young mothers and fathers. The F&CS philosophy begins in prenatal care and envisions an opportunistic future for the parent. We deliver services into the homes of people who are most vulnerable and embrace them into our agency-based offerings of healthy parenting and child development programs.

The content presented is largely member-directed. Topics include citizenship, health and nutrition, first aid and CPR, fire prevention, dental care, as well as meetings and presentations by experts in financial literacy, legal aid, the police and fire departments.

Our Family Alliance Team, which consists of licensed clinicians and case managers, works with families that are currently involved with the Department of Children and Families to stabilize, strengthen and build relationships with family, peers, school and communities.

The Cambodian Mothers Support Group started in October 2013 to meet the needs of the Cambodian community which has grown remarkably over the last few years in our service area. Many of the women who arrive here have experienced trauma from refugee camps, have no or limited knowledge of the English language, are isolated and exhibit other risk factors. The purpose of the support group is to decrease isolation, help them navigate their new environment and to learn about community resources.

In 2017, Family & Children’s Service ran 6 programs with multiple services offered in both home- and center-based settings. We served 3,353 people out of our 2 offices in Lynn and Chelsea.

98% of women enrolling in our Parenting Education classes graduate from at least one 13-week cycle.

11 Parent Education Sessions were taught in English, Spanish and Khmer in 2017.

Our Approach: Youth Programs

F&CS strives to be at the leading edge in building youth assets through prevention, intervention, and collaboration. We understand the complex needs of youth and their families and offer programs to guide all involved to realize their full potential. We bring hope to individual young people and enhance the quality of community life through 4 programs offered primarily in Lynn.

The Right Moves
The Right Moves (TRM) is an asset building group for fifth grade girls in the Lynn Public Schools. TRM uses a strength based, preventive approach curriculum that was designed to target and strengthen both the internal and external assets that exist within or around each of the participants.

Curriculum focuses on communication and problem solving, body image and nutrition, self-esteem, healthy relationships, avoiding risky behaviors/planning for your future and puberty. Referrals are made by teachers and Principals at the schools and facilitated by licensed master’s level clinicians/social workers.

TEEN SCENE
The specific activities of our drop-in center, TEEN SCENE, are to meet the needs of primary violence prevention as well as supplement the school experience with activities that enhance creativity, imagination, and teamwork.

During the school year, participants are helped with their homework for one hour each day, then given the opportunity to participate in project-based learning labs that emphasize 21st century skills.

In the summer months, participants are given time to fulfill their summer reading assignments and/or given suggested summer reading lists. Planned activities outside the center include field trips such as hiking and swimming, visits to museums, adventure courses, team-building games and other outdoor activities. All trips are supervised by staff and high school mentors.

Project Advance
Project Advance seeks to increase community safety by engaging the youth at highest risk for gang involvement and community violence, and assisting them in developing and achieving prosocial goals. The focus is on goal-setting and referral to needed services while maintaining a mentoring relationship. We have a particular focus on accessing educational, vocational and job opportunities for our youth. Other services include client accompaniment, advocacy, and the provision of concrete supports.

PRIME (Promoting Responsibility, Individuality, Maturity & Empowerment)
Project PRIME offers evidence-based health education that promotes prevention practices targeting STD/HIV and unintended pregnancies. The program serves 14-19 year olds and seeks to increase their knowledge regarding sexual health, HIV/STD and pregnancy and reduce the likelihood of engaging in risky sexual behavior.

554 girls have gone through The Right Moves in the last 10 years.

<10%
The arrest recidivism rate for youth in Project Advance is less than 10%. National juvenile rates are between 37%-67%.
Our Leadership
What makes us successful? Our leadership.

Marolí Licardié M.Ed.
Executive Director, 11 years

“Several days a week, we have Parenting Education and Family Support groups that meet in our offices. I see the mothers and occasional fathers, listening to our trained professionals help them navigate the difficulties of raising children and overcoming the barriers of a country where their welcome is uncertain. But the best antidote to uncertainty, they say, is hope, and that is why I came to Family & Children’s Service.”

Licardié’s tenure as the Executive Director began in 2006 after serving as Executive Director for Family Services and Community Health at the Latin American Health Institute for 13 years. Her Bachelor’s Degree was earned at Morelos State University in her hometown of Cuernavaca, Mexico, and she received her Master’s Degree from Tufts University in Early Childhood Education. Her fiscal and management acuity was honed in Health and Human Services Management from Suffolk University’s Latin American Health Institute.

Rubén Montano-López
Associate Director, 5 years

“I like to think that the work I do and the programming I support is valuable at different levels. For example, at the individual level, we help parents better manage the stress of being a parent; we help kids do better academically; we help gang and court-involved youth make better decisions for themselves to become more responsible adults. At the societal level, we help communities become safer places to raise children and we help folks of all ages become more active and positively connected to their community.”

Rubén Montano-López graduated from the University of Puerto Rico with a degree in Psychology, and received his Master’s degree in 1989 from Boston University. He has worked in several clinical settings as an outpatient counselor, including at La Alianza Hispana and Brookside Community Health Center. Prior to joining F&CS, he worked as a manager at the Latino Health Institute in Boston where he developed multiple programs, including home-based services to DCF-involved families and outpatient behavioral health services.
Mariana Marquez  
Family Resource Center and PAT Program Director, 7 years  
“I started as a participant in a support group. Then volunteered, worked part time and finally became a full time employee. I’m passionate about helping solve community needs, so this was a great opportunity to help others and do what I love doing.”  
Mariana was previously a Managing Partner at Family and Children Psychotherapy Services, EQUIADI (Equipo Integral de Apoyo para el Desarrollo Infantil), in Cuernavaca, Mexico for 8 years.

Jackie Trahan  
Family Alliance Program Director and Youth Services Coordinator, 7 years  
“This position has reinforced the importance of maintaining good community connections and relationships as the best means to providing effective services for families and youth.”  
Jackie spent 10 years prior to joining F&CS with the Department of Children and Families in the Adolescent Unit in Lynn, and as a Family Advocate at HAWC (Help for Abused Women and their Children) in Salem from 1993-1999.

Xandra Negrón  
Healthy Families Harbor Area Program Director, 2 years  
“I came from a big bureaucracy. Here I have the opportunity to interact face to face with individuals, their families, and the community in general. This experience is richer and more satisfying.”  
Xandra has more than 20 years of experience in maternal and child health. She worked at the Boston Public Health Commission for the Boston Healthy Start Initiative, serving as the Associate Director and later the Project Director. Ms. Negron grew up in Puerto Rico and relocated to Boston in 1984.

Debbie Lozzi  
Fiscal Manager, 20 years  
“My family has deep roots in the Lynn community and Family & Children’s Service has been a vital part of the legacy of hope here for more than 130 years. That makes me proud to be a part of it.”  
Debbie celebrated 20 years of employment at Family & Children’s Service in 2017. A lifelong fiscal agent, Debbie worked for the Law Office of Goldman & Goldman in Swampscott before coming to F&CS.
Contributors

INDIVIDUAL GIVERS
Raymond Amidon and Bette Freedson
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Alice Blodgett
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Diana Brady
Richard P. Breed III
Elizabeth Breuhaus
Scott & Miosotty Brogan
Sue and Douglas Burgess
Carol Carpenter
Judith Carpenter
James Carrigan & Anne Gugino Carrigan
Angela Ces
Meghan Collins
Colleen Collins, M.D.
Robert & Noreen Connolly
Debralee Corcoran
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Gordon & Linda Hall
Eugene & Clara Hastings
Barbara Helinski
Florence Henderson & Regina Jenkins
Edith Elliott Hunnewell
Carlos Armando Hernandez
Edith and Hollis Hunnewell
Darcy & Stephen Immerman
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John Jr. and Sheila Ford
John Jr. & Susan Kane
John Kimball
John Ladd
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Adiel Lopez
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Francis and Martha Mayo
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Donna Patterson-Kellum & Robert Kellum
Dana Percy
Neal Perlstein
Olga Postlinsk
Stephanie Potter
Sarah & Robert Pruett
Thomas and Carol Regan
Elizabeth Russell, in memory of
Samuel L. Davis
Thomas McGee & Mary Schiavoni
Giuseppe Scanianato
Sharon & James Scofield
Amanda Skahan
Dorothy Amirault-Thibodeau
Carolina Trujillo
George Turner
Brendan Ward, Esq.
William & Gretchen Wollerscheid

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Citizens Charitable Foundation/ Matching Fund
Cummings Foundation
Deborah Munroe Noonan Memorial Fund
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Eastern Bank Charitable Foundation
Empire Loan Charitable Foundation
Greater Lynn Senior Services
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McCarthy Family Foundation Charity Fund
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Neal Rantoul Foundation
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Salem Five Charitable Foundation
Unitarian Universalist Church of Greater Lynn
Spinney Mudge Fund
United Way of Massachusetts Bay & Merrimack Valley

CORPORATE & ORGANIZATION SUPPORT
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CliftonLarsonAllen LLP
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GE Aviation
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Growing Smile Dental
Instant Signal & Alarm Company
Ironbridge Associates
Knights of Columbus #40410
Valladolid Council #70
Lancelot Janitorial Supplies
Land Computer
Lynn Community Health Center
Magrane Travel Services
Meninno Construction
Mutual of America
Oceanview of Nahant
RFC Financial Planners
Robert W. Irvine & Sons
Salem Five
Seyfarth Shaw LLP
The Hall Company
Unitarian Universalist Women of Greater Lynn

PARTNERSHIPS THAT MAKE OUR VISION POSSIBLE
Aspire Developmental Services, Inc.
Catholic Charities North
Children’s Trust Massachusetts
City of Lynn
Department of Children and Families
Department of Public Health
Executive Office of Elder Affairs
Executive Office of Health & Human Services
Executive Office of Public Safety & Security
Girl’s Inc.
Greater Lynn Senior Services
JOI Child Care Center
LEO, Inc.
Lynn Housing Authority
Lynn Parks & Recreation
Lynn Police Department
Lynn Public Schools
North Shore Career Center
Straight Ahead Ministries
United Way of Massachusetts Bay & Merrimack Valley
WIB F1rst Jobs
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<tr>
<td>Angelina’s Sub Shop</td>
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<td>Atlantic Liquidators</td>
<td>Gannon Golf Club</td>
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<tr>
<td>Basket Making Friends</td>
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<td>Bent Water Brewing Company</td>
<td>Gulu Gulu</td>
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<td>BLT’s Restaurant</td>
<td>John’s Roast Beef &amp; Seafood</td>
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<td>Brother’s Deli</td>
<td>Kaley Powers</td>
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<td>C&amp;C Lobster</td>
<td>Kit Jenkins</td>
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<td>Land of 1000 Hills Coffee Company</td>
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<td>CB Stuffer</td>
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<td>Club Vital Fitness</td>
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<td>Cradles to Crayons</td>
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<td>Rolly’s Tavern on the Square</td>
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<td>Smokin’ Betty’s</td>
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<td>Tacos Lupita</td>
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<td>The Daily Item/itemlive.com</td>
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<td>Tides Restaurant &amp; Pub</td>
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<td>Toomey’s Cleaners</td>
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<td>Welch Florist</td>
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<td>William Lowell Museum of Science</td>
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<td>Yan’s China Bistro</td>
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</tbody>
</table>
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Mady Chavez-Lopez
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Mary C. Stinson
Francie Sudak
Lisa A. Terrien
Kathy Torosian
Kathleen M. Westin

SPECIAL THANKS
Sarah Bastille Photography
Barb Taylor
Amy Whittenburg
Summary of Operations for Fiscal Year 2017

Expenses by Program

<table>
<thead>
<tr>
<th>SOURCE</th>
<th>AMOUNT</th>
<th>% OF TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Support</td>
<td>$1,342,954</td>
<td>60%</td>
</tr>
<tr>
<td>Youth</td>
<td>$233,843</td>
<td>11%</td>
</tr>
<tr>
<td>Elder</td>
<td>$214,396</td>
<td>10%</td>
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<tr>
<td>Advancement</td>
<td>$99,275</td>
<td>4%</td>
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<tr>
<td>Administrative</td>
<td>$331,141</td>
<td>15%</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$2,221,609</strong></td>
<td><strong>100%</strong></td>
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Revenues By Source

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<th>AMOUNT</th>
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<tr>
<td>Contributions/</td>
<td>$268,018</td>
<td>11%</td>
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<tr>
<td>Other Income</td>
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<tr>
<td>Contract Revenue</td>
<td>$1,583,317</td>
<td>67%</td>
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<tr>
<td>Program Revenue</td>
<td>$48,856</td>
<td>2%</td>
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<tr>
<td>Investment Allocation</td>
<td>$346,112</td>
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<tr>
<td>UWMB</td>
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<tr>
<td>Family Financial Stability</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$2,372,404</strong></td>
<td><strong>100%</strong></td>
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</table>

Individual and business contributions make up a small percentage of our revenue, yet are the foundation of our operating expenses.

Please support our mission with a tax-deductible gift by going to www.fcslynn.org and DONATE NOW. Thank you in advance!
Thank You!
អរគុណ!