Our mission is to strengthen the life skills of families, children and individuals of all ages in our community, especially immigrants, in collaboration with state and city agencies, schools and churches, and other private non-profit providers.

Our goals are to: supplement the educational offerings available to children; reduce familial stress through the provision of parent education and support; support and facilitate the achievement of youth; promote diversity and foster inclusion in our community; and ensure the safety and well-being of vulnerable populations.
LETTER FROM THE PRESIDENT

My father, Henry R. Mayo, Jr., was President of Family & Children’s Service in 1959 when five non-profits were consolidated into this agency to efficiently serve the Greater Lynn area. That first year, the newly named F&CS had 6 full time social workers and served 557 families. Today, we engage more than 5,000 people a year with a staff of 27. He would be so proud of the progress we have made!

Early on, the agency learned the importance of flexibility in service delivery. Industry and economics change within a region. Populations change, so Family & Children’s Service changes, too. We no longer do adoption services, individual mental health, or family planning, for instance. Our core service skills now lie in helping low income families find their path to opportunity, supplement the educational offerings available to children so that they are fully engaged in school; offer support and parenting enrichment in a trusting environment for immigrants and refugee parents, no matter where they come from.

Our success has given the Commonwealth confidence in our ability to expand into areas not fully served in the state – Revere, Chelsea, East Boston – communities where young immigrant parents are often isolated and without resources. Our staff have linguistic capacity in Spanish, Portuguese, Khmer, Haitian-Creole, and English. They are not just culturally competent, they understand the breadth and depth of the immigration experience.

We have enjoyed a tradition of unbounded, selfless and energetic leadership in both our Board of Directors and our staff leadership. We are grateful for those who have come before us, and delighted by the new generation of Directors who are taking up our cause.

While the times have changed since our founding, our values and our focus on children and families have never wavered. We can all take pride in the ability and commitment of our board, our management, our staff and all of our supporters to carry on the legacy created by our predecessors.

Francis T. Mayo
President of the Board of Directors
2016 was a year of amazing advancement for Family & Children’s Service! Three new contracts significantly increased the service area of the agency, extending group and home visiting programs to Revere, Chelsea, East Boston and neighboring communities, as well as adding a new program that will enable us to offer a full complement to our Youth Development efforts. This is an exciting juncture of growth in our mission to strengthen the life skills of families, children and individuals of all ages.

Healthy Families

Healthy Families (HF), funded by The Children’s Trust, is a voluntary home visiting program for all first-time parents ages 20 and under. The program matches parents with trained, bilingual professionals who provide support during pregnancy and the child’s first three years of life. Home visitors work with parents on baby care, nutrition and attachment, and ensure parents have a solid understanding of healthy child development. They also counsel parents on achieving personal goals such as going back to school or securing a job. Statewide, the outcomes for Healthy Families is nothing short of remarkable.

JUST TWO YEARS AFTER ENROLLMENT, MOTHERS IN HF/MASSACHUSETTS WERE NEARLY TWICE AS LIKELY THAN THOSE IN THE CONTROL GROUP TO FINISH AT LEAST ONE YEAR OF COLLEGE.

DECREASE IN YOUNG PARENTS’ IMPULSIVE AND RISKY BEHAVIORS, SUCH AS ABUSING ALCOHOL, TOBACCO, AND DRUGS.

31%
Parents as Teachers

The second new initiative for F&CS is the Parents as Teachers (PAT) program that, similar to HF, aims to develop protective factors within families, but with a broader service base that includes families with multiple children. The program will targets pregnant or parenting mothers, fathers, and children in the communities of Lynn, Revere, and Chelsea, which are among the highest concentration of immigrants in the state.

Certified Parent Educators utilize the Parents as Teachers foundational curriculum to provide individualized, strength based visits to families focused on parent-child interaction, development centered parenting and family well-being.

PAT CHILDREN SCORE HIGHER ON KINDERGARTEN READINESS TESTS AND ON STANDARDIZED MEASURES OF ACHIEVEMENT IN EARLY GRADES.

PAT WAS FOUND TO REDUCE PLACEMENT IN SPECIAL EDUCATION AND LOWER INCIDENCES OF ABUSE AND NEGLECT.

Personal Responsibility

The third initiative begun in 2016 is the Personal Responsibility Education Program, designed to achieve attitude and behavior changes that reduce teen and sexually transmitted infection rates through medically-accurate programming on both abstinence and contraception.

We implement the Making Proud Choices curriculum, an evidence-based safer-sex approach to prevention. Our workshops address different topics including:

- Risk behaviors for HIV and STD’s
- Attitudes about sex, HIV and condom use
- Myths and facts about pregnancy
- Contraceptive methods: abstinence and beyond
- Healthy relationships, negotiation and refusal skills
- Adult preparedness: finances and more

88%

YOUTH REPORT THAT THIS PROGRAM HELPED THEM LEARN MORE ABOUT PREVENTING PREGNANCY*

89%

REPORTED THAT THIS PROGRAM HELPED THEM LEARN MORE ABOUT STD PREVENTION*

* NATIONWIDE YOUTH SATISFACTION SURVEY
We influenced the lives of more than 5000 people in 2016 through interventions, education and structured environments designed to promote personal development and opportunity for all family members.

Early Childhood Family Resource Center

F&CS is home to the area’s only Trilingual Early Childhood Family Resource Center (FRC), established in 1998 as a community resource for families of children from birth to age 12 who have little access to information, resources, and services. Our support and education programs thrive because in addition to the resources and information we provide, there is an inherent element of social support, solidarity and commitment to collective well-being among the participating parents and families.

PROGRAMS INCLUDE:
- The Incredible Years® Curriculum
- Las Mamas Primerizas
- Grupo de Mujeres
- Cambodian Women’s Support Group
- Teen Mom’s Group
- Cambodian Elders Group
- Emergency Financial Assistance, Goldman/Callahan Fund
- Lynn Public Schools Coordinated Family & Community Engagement

Home Visiting Services

Home visiting is a prevention strategy used to support families in their home environment. F&CS promotes these programs for pregnant and new parents to promote infant and child health, foster educational development and school readiness, and help prevent child abuse and neglect. F&CS works with individuals and their families in their homes and communities to stabilize, strengthen, and build relationships with family, peers, school and communities. Home visiting also aids in upholding the dignity and independence of elderly persons.

PROGRAMS INCLUDE:
- Healthy Families Harbor Area
- Parents as Teachers
- Family Alliance
- Elder Services

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Youth Development

F&CS offers several programs to empower youth and young adults, regardless of their backgrounds, their environment, or their past experiences. Our programs employ a Positive Youth Development framework in order to build assets and resiliency in at-risk youth, promote responsible decision-making and envision a successful future.

PROGRAMS INCLUDE:

The Right Moves, for 5th grade girls
TEEN SCENE – ages 12-16
Project Advance – prevention and intervention for youth ages 14-24
PREP - Personal Responsibility Education Program

PARTNERSHIPS THAT MAKE OUR VISION POSSIBLE:

Lynn Public Schools
JOI Child Care Center
Girl’s Inc.
Lynn Police Department
Catholic Charities North
Straight Ahead Ministries
Lynn Housing Authority
Aspire Developmental Services, Inc.
City of Lynn
Department of Children and Families
Department of Public Health
Executive Office of Elder Affairs
Executive Office of Health & Human Services
Executive Office of Public Safety & Security
Greater Lynn Senior Services
WIB First Jobs
United Way of Massachusetts Bay & Merrimack Valley
Thank you!

¡Gracias!
Mèsi!
Mahadsanid!
Obrigado!
Ευχαριστώ!
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SPECIAL THANKS
Sarah Bastille Photography

SUMMARY OF OPERATIONS FOR FISCAL YEAR 2016

REVENUES BY SOURCE - $1,629,578
EXPENSES BY PROGRAMS - $1,698,459

- Contributions/Other Income: 6%
- Contract Revenue: 16%
- Program Revenue: 28%
- Investment Allocation: 29%
- UWMB: 21%
- Early Childhood: 3%
- Youth Development: 8%
- Administration: 8%
- Elder Care Management: 6%
Our holistic approach is to offer comprehensive services to help at-risk and high-risk families and their children to develop and sustain the skills they need for strong relationships within the familial unit, in schools and communities, and to provide pathways to opportunity that might otherwise be overlooked.
Please Show Your Support!

Family & Children’s Service relies on the generosity of people like you! To support our mission with a tax deductible contribution, please go to www.fcslynn.org and DONATE NOW!